



## HIGH SCHOOL EQUESTRIAN ATHLETE PROGRAM

presented by the UNITED STATES EQUESTRIAN FEDERATION

### Program Requirements

Complete the following requirements between June 1 and May 31, per application year:

- Log at least 100 hours of equestrian activity
  - Include – riding, lessons, lunging, driving, vaulting, hacking, trail riding, ground training, time riding at competitions, etc. Please only log a maximum of 5 hours of riding time each day.
  - Do not include - barn chores, grooming, tacking up, stall cleaning, cleaning tack, time driving to competitions, time spent at competitions when you are not riding, etc.
- Provide verification of competing in three competitions
  - Includes - USEF, AQHA, USEA, USDF, IEA, 4-H, FFA, Pony Club, competitions held by local clubs or associations, drill team competitions, rodeos, polo matches, schooling shows, etc.
  - Verification **must** include student's name as a competitor along with the competition's name and date. Verification accepted includes – results printed from an online source, invoice from competition, signed letter from competition organizer.
  - The following will not be accepted as competition verification – class lists, entry forms, photos of ribbons or awards, or year-end results.
- Provide current proof of enrollment in high school
  - Current report card, current transcript, current mid-term report card, current schedule, current school ID, or certification of enrollment in a home schooling program.
  - Verification **must** include student's name, appropriate grading period, and institution name/homeschool designation.
  - Please black out your social security number if it appears on your transcript before submitting the document.

Submit your documentation once the requirements have been completed:

- Online

Log into your “My USEF Account” at <https://www.usef.org/AUAIFrames/Login/Default.aspx>. If you have never logged in before, click on the link on the right side of the screen under Individual Accounts to create your account.

Once you have logged in, click on the link for “USEF Customer Account” in the upper left corner, then scroll down to the link “High School Athlete Submission” to view your applications and submit your requirements online.
- Mail

United States Equestrian Federation  
4047 Iron Works Parkway  
Lexington, KY 40511
- Fax

859-231-6662

Please allow two weeks for submitted documentation to be reviewed by USEF. Once all requirements have been met, an email will be sent with your Certificate of Achievement and directions on how to order your free USEF High School Equestrian Athlete varsity letterman patch, lapel pin, and additional USEF High School Equestrian Athlete official apparel.

For more information about the program, please visit [www.usef.org/highschool](http://www.usef.org/highschool).

Please contact USEF at [highschoolerquestrianathlete@usef.org](mailto:highschoolerquestrianathlete@usef.org) or 859-258-2472 with questions regarding this program.



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### Frequently Asked Questions

**1) What type of USEF membership do I need to participate in this program?**

If you compete at USEF licensed competitions you should apply for a USEF Competing Junior Membership.

If you do not compete at USEF competitions, you can join as a non-competing member: USEF Equestrian Plus or USEF Equestrian.

**2) What is the application fee?**

\$10 per program year. An application and fee must be submitted for each year of participation.

**3) What happens after I send in my application?**

After USEF receives your application, an email will be sent to you with information about the program.

**4) What is the time frame to meet the hour and competition requirements?**

Each program year runs from June 1 through May 31.

Any hours or competitions within the program year may be used, regardless of when you sign up for the program.

**5) What is the deadline to submit all the required materials?**

All documentation must be complete and received in the USEF office by June 15 for graduating seniors.

**6) If I have already met the requirements of the program do I have to wait until May 31<sup>st</sup> to submit everything?**

No. We encourage you to submit your log, competition record, and proof of enrollment as soon as you have met all the requirements.

There is an enormous increase in submissions received at the USEF near the end of the program year. This greatly increases the amount of time to process each submission. Submit your documentation early for faster processing.

**7) Can I send my documentation in separately?**

No, please send all of your records (hour log, competition verification, and proof of enrollment) in at the same time, by the same method. Please choose one method (online OR email OR mail OR fax) to submit your records. Online submissions are preferred and are typically processed faster. Sending piecemeal paperwork through multiple avenues increases the amount of time spent processing each submission and increases the possibility of lost documents. Please keep a copy of everything you are submitting for your records.

**8) What do I send to provide proof of enrollment in high school?**

Current report card, current transcript, current mid-term report card, current schedule, current school ID, or certification of enrollment in a home schooling program. Verification must include student's name, appropriate grading period, and institution name/homeschool designation. Please black out your social security number if it appears on your transcript before submitting the document.

**9) How many hours does the program require?**

100 Hours which can include riding, lessons, lunging, driving, vaulting, hacking, trail riding, ground training, riding at competitions, etc. Only time spent actively working with a horse will count. The following cannot be used towards the hour requirement: barn chores, grooming, tacking up, stall cleaning, cleaning tack, time driving to competitions, time spent at competitions when you are not riding, etc.

**11) Can I use hours and competitions from before I signed up for the program?**

Yes, you can use any hours or competitions during the program year (June 1-May 31), regardless of when you signed up.

**12) What are the competition requirements?**

Students must compete in three competitions during the program year.

Any show that is organized by a horse show organization or club will count towards the requirement. Example: USEF, AQHA, 4-H, Pony Club, IEA, any state or local horse association shows, schooling shows, rodeos, drill team competitions, polo matches, etc.

**13) What do I submit as verification that I have met the competition requirements?**

Verification must include student's name as a competitor along with the competition's name and date. Verification accepted includes results printed from an online source, invoice from competition, signed letter from competition organizer.

**14) Can I apply for previous years in high school?**

Yes, we do allow students to sign up retroactively as long as they are still a current high school student. For example, a sophomore just finding out about the program can also sign up for their freshman year. Students are still required to provide verification for each year they are enrolled to meet the requirements for that year.

**15) How do I submit my documentation?**

Online: <https://www.usef.org/AUAIFrames/Login/Default.aspx>

Mail: 4047 Iron Works Parkway, Lexington, KY 40511

Fax: 859-231-6662

**16) Who can I contact with questions about the program?**

Visit [www.usef.org/highschool](http://www.usef.org/highschool) or email [highschoolquestrianathlete@usef.org](mailto:highschoolquestrianathlete@usef.org) or call 859-258-2472.